

Trainer:
Amber Stiles-Bodnar MEd, LPCC-S, LCDC III
Amber Stiles-Bodnar Consulting
EMDRIA Certified Therapist/Approved Consultant/Trainer
Blue Star Family Counseling Services, Inc.

Title: Ethics and Supervision: The Trauma Of It

Standard schedule – **6 CEs**, 8:00am – 4:15pm, two 15-minute break and a 1-hour lunch

Description: What are ethical considerations around trauma treatment and care? What does it mean to be trauma informed? How much do I need to know and understand about trauma to be treating it? In this workshop, we will explore the ethical issues and considerations, best practice standards and competencies around the treatment of trauma. And what Supervision? What does a trauma informed supervisor look like? Do I know enough about trauma to supervise individuals who are treating trauma? Am I providing a trauma informed environment for my supervisee? What are the considerations, best practice standards, and competencies of a trauma informed supervisor? In the second part of this workshop we will explore the trauma informed model and approached to supervision.

Goals/Objectives:

1. Define trauma informed care and treatment and explore the ethical considerations around treating trauma.
2. Define competency as a trauma informed therapist.
3. Identify 2-3 examples of ethical dilemmas related to trauma treatment and therapy.
4. Identify considerations, best practice standards, and competencies of trauma informed supervision.
5. Explore a trauma informed model and approach to supervision.
6. Identify 2-3 examples of ethical dilemmas within the supervisory context of trauma treatment and therapy.

Agenda/Outline:

8:00am – 8:30am Registration

8:30am – 10:00am Define trauma informed care and treatment utilizing the SAMHSA standards.
Explore ethical considerations around treating trauma.

10:00am – 10:15am Break

10:15am – 11:45am Define competency as a trauma informed therapist. Describe scenarios of potential ethical dilemmas related to trauma treatment and therapy.

11:45am – 12:45pm Lunch

12:45pm – 2:15pm Identify considerations, best practice standards, and competencies of trauma informed supervision.

2:15pm – 2:30pm Break

2:30pm – 4:00pm Explore a trauma informed model and approach to supervision. Describe scenarios of potential ethical dilemmas within the supervisory context of trauma treatment and therapy.

4:00pm – 4:15pm Wrap Up/Evaluations

