

Title: A Review of the Autism Protocol for EMDR

1 CE

Description/Abstract: Individuals on the Autism spectrum may benefit from adaptations to the standard EMDR 8 phase protocol due to their unique neurodivergence. During this 1-hour workshop attendees will be walked through the Autism Protocol for EMDR and be able to apply modifications and suggestions with this population.

Goals/Objectives:

- Review the major adaptations to the standardized protocol with neurodivergent individuals on the Autism spectrum.
- Conceptualize the application of the Autism Protocol for EMDR.

Timed Outline/Content:

12:45pm – 1:00pm	Registration & Sign In/Log On
1:00pm – 1:50pm	Review the Autism Protocol for EMDR developed by Sherri Paulson <ul style="list-style-type: none"><li>▪ Review the major adaptations compared to the standard protocol</li><li>▪ Conceptualize the application of the modifications utilizing examples</li></ul>
1:50pm – 2:00pm	Wrap Up, Q & A