

Leah Fogt:

Leah is a Licensed Independent Social Worker (LISW) and qualified supervisor in the state of Ohio. She is also a Licensed Clinical Social Worker (LCSW) in both Kentucky and Indiana. She obtained her master's degree in Clinical Social Work from The Ohio State University and holds a bachelor's degree in Social Work from The Catholic University of America in Washington, DC. She has experience in community mental health settings, school-based counseling, and crisis intervention. She has also trained with the National Institute for Trauma and Loss in Children and earned the designation of Certified Trauma Practitioner. Leah is the owner of Leah Fogt Counseling and Consultation, LLC and a contract therapist at Midwest Psych Center Inc. in West Chester, Ohio where she works with a multidisciplinary team. She is an EMDRIA Certified EMDR Therapist and an Approved Consultant.

Leah's clinical practice focuses on treating trauma using EMDR Therapy with clients age 7 and up. She specializes in ethical integration of client spirituality in psychotherapy, as well as healing Religious Abuse and Spiritual Trauma. She emphasizes individualized care to best address each client's unique needs and experiences. Leah holds certificates in Expressive Arts Therapy, as well as Dissociation Studies, and she enjoys approaching EMDR with creativity while remaining client-centered and true to the EMDR model. She is honored to accompany her clients' pursuits of healing and grateful for the opportunity to help other clinicians hone their skills.